



Brighton Table Tennis Club

Registered Charity Number 1160103

Annual Report 2014

Mission Statement: Brighton Table Tennis Club exists to provide role models to support the personal development of young people, instil a life-long love for Table Tennis and build a strong community.



**National Table Tennis
Club of the Year 2014**



Brighton Table Tennis Club - Registered Charity Number 1160103

Brighton Table Tennis Club was founded in February 2007 by Tim Holtam & Harry McCarney, two keen ex-international Table Tennis players who wanted to share their love of the sport with local disadvantaged young people in Brighton.

Both Tim & Harry felt that Table Tennis could be used as a powerful tool in engaging young people and transforming lives. Over eight years they have shown this to be true. The club has a fantastic track record of working with young people and with charitable status being granted in January 2015, the club has big plans for development and expansion.

Councillor and former mayor Bill Randall, now a trustee at Brighton Table Tennis Club describes it as "One of the city's brightest sporting lights. It helps people from many communities and all ages keep fit and well and brings them together to offer mutual support and friendship."



Bill Randall @BimRandall · 13m

Great night @BCTTC1 with @CarolineLucas & @tholtam Thanks to my doubles partner Taylor & all my friends at the club.

pic.twitter.com/blsudxGNdX

Caroline Lucas, MP for Brighton Pavilion, and Bill Randall, Councillor for Hanover and Elm Grove, at the home of Brighton Table Tennis Club.

They came to celebrate the opening of the club's new lights which have made the gym three times brighter and were paid for with £3,000 raised by 70 contributors through an online crowd funding platform, Friendfund.





Brighton Table Tennis Club has had an unprecedented amount of success in the Year 2014. This report attempts to capture the Club's expansion and exciting developments within the umbrella organisation that is transforming people's lives through Table Tennis.

Highlights of 2014:

- Winner of Table Tennis England's National Club of the Year Award for 2014
- Winner of Brighton & Hove Council TAKEPART Sports Club of the Year Award for 2014
- The Club is currently working with 3 Primary Schools, 4 Secondary Schools, 2 Colleges and numerous other charities and organisations that cater for children in care, the elderly, disabled and vulnerable groups
- Securing funding from the Safer in Sussex Community Fund to use Table Tennis Coaching and mentoring for young people at risk of becoming or already in trouble with the Police
- Providing employment to six Young Coaches that have come through the club's youth system
- The third and best year yet for Ping! Brighton & Hove in the summer of 2014 that saw 42,630 play free Table Tennis on 46 tables in seven weeks
- Training and supporting twelve new Level 1 and six Level 2 UKCC Table Tennis England Coaches
- Building a hugely successful new partnership and twice weekly coaching sessions with the Grace Eyre Foundation for Adults with Learning Disabilities and Sports 4 All Sussex
- We have created a model for social inclusion through Table Tennis that is being used to engage vulnerable adults and offenders through sport across Sussex
- Engaging over one hundred players at weekly Social Ping! sessions for players aged 50+ at local leisure centre and also through inspirational intergenerational projects at sheltered accommodation for the elderly
- Having eight teams in the Brighton & District Senior League - 60% of our players being youngsters that are products of the club
- Twenty four junior club members attending the week long residential Cooke & Deaton Summer School with International Team GB Olympians and Coaches
- Using Sportworks to monetise the Social Impact Savings of the Club's work we saved society £2.54 million in just four months in areas including obesity, crime and well being for our young members



Table Tennis England Priority Zone

- Brighton & Hove has in 2015 been made a Table Tennis England "Priority Zone". This means that staff and resources from the National Governing Body will be invested in the area to increase participation.
- Brighton & Hove becoming a "Priority Zone" is due to the work of Brighton Table Tennis Club and the successes it has had running Ping! Brighton & Hove since 2012.
- Within the Priority Zone framework there are plans for an expansion in BTTC's provision of 50+ Social Table Tennis, to double the number of Primary Schools we are currently coaching in, to run weekly Women Only sessions for disengaged 16-25 young females and to run weekly PongPlexed events in bars and pubs.

TAKEPART Club
of the Year

Brighton
Table Tennis
Club



Awards

- Winner of Table Tennis England's National Club of the Year Award for 2014

Of the thousands of Table Tennis clubs in England, we are the best! The club was commended for its dedication to the local community and for the inclusive work the club carries out through Table Tennis.

- Winner of the Brighton & Hove Council TAKEPART Club of the Year Award 2014

The Award was presented at the Royal Pavilion in Brighton where a Council Spokesman said:

“Over the past year our winner has trained new coaches, engaged volunteers and provided high quality coaching and playing opportunities for its members. But above all, the club has sought to reach out across the city to people of all ages and abilities to inspire them to play table tennis. The club has engaged young people, older people, offenders, students, and disabled people across the city. All of their activities have seen a unique focus on inclusion, fostering community cohesion, bringing people together through fun intergenerational, mixed ability activities that are enjoyed by all.

- This video that was shot at Brighton Table Tennis Club encapsulates the inclusive ethos at the club and the power of Table Tennis in building communities : <http://youtu.be/mbJHwpglIPg>

Individual Awards for Club Members:

- Ashley Edwards - Winner of the Active Sussex Sports Awards Young Volunteer of The Year 2014. Ashley helps organise eight local league teams across three divisions in the Brighton & District League with emails, calls and text messages informing players and captains where their team needs to be each week.

- Gary Vidgeon - Shortlisted for the Brighton & Hove Council Sports Awards Volunteer of the Year 2014.



Brighton Table Tennis Club collecting the Brighton & Hove Council TAKEPART Club of the Year Award



Left to right Harry McCarney, Sandra Deaton (Chair of Table Tennis England) and Tim Holtam

Young People

Brighton Table Tennis Club was founded for the benefit of young people. This remains and will always be the club's number one focus. Currently BTTC runs weekly sessions for over 300 young people aged 11-25 in Brighton & Hove at the following places:

- The home of Brighton Table Tennis Club at the Brighton Youth Centre. Here we run multiple sessions every week for up over sixty junior players and host the monthly Brighton Junior League competition
- Sport England Satellite Clubs at Patcham High School, Longhill High School, Varndean School, with 11-16 year olds
- City College Pelham Street, Preston Road and Wilsons Avenue campuses. 16-19 year olds.
- The Virtual School for Children in Care have a weekly session that has been running for 3 years for young people in the care system
- The Connected Hub for 15-16 year olds disengaged with mainstream education
- Elm Grove Primary School and Patcham Junior School, with 7-11 year olds
- Since 2012, we have taken over 50 Juniors to the Cooke & Deaton week long residential training camp in the summer holidays with Team GB international players and coaches
- Our Junior players compete regularly in local and national competitions and league matches against other Table Tennis players and clubs.

Dom Abnett, (right, pictured right) aged 17, plays at the BTTC Virtual School session for Children in Care and is now one of the youngest qualified Table Tennis England Level 1 coaches in the UK

- BTTC runs weekly sessions for young people in foster care
- "Thanks Tim & BTTC- Dom has done brilliantly. Your support and guidance has been immeasurable!"

**Fran Coughlan, KS4
Advisor for the Brighton & Hove Council Virtual
School for Children in Care**



"I started playing Table Tennis in Primary School and am now ranked in the top 10 in the country for my age. After attending the Cooke & Deaton Table Tennis Summer School in 2013 I decided I wanted to study and train full time so have moved to Grantham College to further my Table Tennis career. Brighton Table Tennis Club taught me to love Table Tennis and now I am a Level 1 coach and want to play and coach professionally."

Emma Sheen, (below) aged 16, with Joanna Parker, England Number 1 and Commonwealth Gold Medallist





Development of Young Coaches

- Bursaries from Active Sussex have allowed the club to train twelve Level 1 and six Level 2 Table Tennis England UKCC Coaches in the last year.

- This training and involvement in the club has had a great impact on the lives of club members, improving confidence, mental and physical health and developing life skills.

- “For some of these young coaches that certificate is like gold dust, They’ll look at it and feel so proud of themselves for completing the course. It opens doors, they can go anywhere and say they’ve got the DBS check and UKCC qualification. It’s a real confidence boost.”

Emma Kirby, BTTC Parent and Child Protection Officer



Top: BTTC players at the Cooke & Deaton Summer School

Above: 19 year old BTTC full time coach David Pringuer showing his mum how to play a forehand topspin.

Left: Paul Bergin coaching at Ping! event



The Brighton Junior League

- Brighton Table Tennis Club runs a monthly competition for Juniors aged Under 18 from all over Sussex to come and get their first tournament experience
- The social, fun and competitive events are always popular with over 40 players from over five clubs in the local area competing in Bands A-C based on ability
- The Brighton Junior League was founded in 2008 and many top national junior players began their careers as a beginner in Band C





Safer in Sussex Community Fund

- In 2014 Brighton Table Tennis Club secured £5000 from the Police Crime Commissioner's Safer in Sussex Community Fund to use Table Tennis coaching and mentoring for young people at risk of being excluded, or already excluded, from school or at risk of being in trouble, or already in trouble, with the Police.
- BTTC has proved that Table Tennis can be an extremely effective tool in engaging and motivating young people and has developed a strong track record of turning around the lives of young people who have been excluded from mainstream education.
- The young people at risk of offending are given intensive 1:1 and small group Table Tennis Coaching from inspirational Coaches and role models and then the opportunity to represent the Club by competing in local and national competitions.



Competition Success - Local, National and International

- Locally

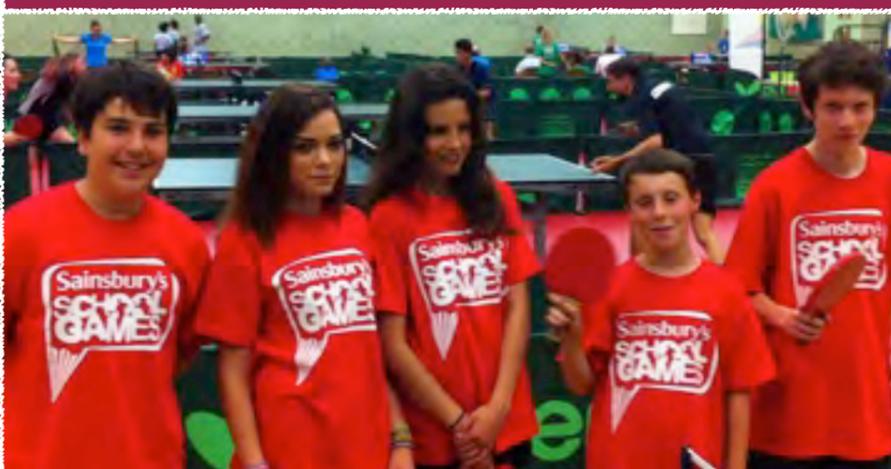
- We have eight teams and over forty players in the Brighton & District League
- BTTC Juniors play for Sussex and are ranked in the top 20 for their age group nationally

- Nationally

- The Patcham High School team, all BTTC members achieved: finalists in the National Schools Team Event U13s Boys and Silver medallists in the Sussex School Games
- A team of ten players in the Senior British League
- 3 teams (18 juniors) in the National Junior League and players competing in the Junior British League

- Internationally

- Success at The Malmo Open in Sweden and in Berlin when seven of our members trained for a week





Sports 4 All Sussex and The Grace Eyre Foundation for Adults with Learning Disabilities

- BTTC in partnership with The Grace Eyre Foundation and Sports 4 All Sussex have established a hugely successful and popular session for Adults with Learning Disabilities
- The players have really gelled as a group and many of the players involved have integrated into other areas of the club and volunteered during Ping!



Robert English, a 33-year-old with learning disabilities from Rottingdean has been coming to the Sports 4 All sessions for a year and describes it as one of the highlights of his week.

He said: "I'm partially sighted in my left eye and couldn't really hit the ball when I started. Now I can hit it 204 times."

Robert added: "I highly recommend it for people with learning disabilities. They go at a nice, slow pace and nobody will judge you."

SPORTS FOR ALL IN SUSSEX

graceeyre
PEOPLE ACHIEVING THEIR DREAMS



(Harry Fairchild representing Brighton Table Tennis Club at the Malmo Open 2015 - Photograph courtesy of Senad Honic at FIFH)

- Brighton Table Tennis Club attended The Malmo Open, Sweden, in February 2015, one of the biggest disability sporting events outside of the Paralympic Games.
- The Malmo Open has over 2100 competitors from 20 countries taking part in fifteen different sports. The whole event was an inspiration to everyone involved and plans for lots more disability Table Tennis in Brighton are underway.
- In 2015 Brighton Table Tennis Club has joined an exciting new EU-funded partnership and exchange program with FIFH Club in Malmo, Sweden and a wheelchair only Table Tennis Club in Berlin.
- There will be six exchanges between the clubs over two years taking large groups of disabled players from Brighton to travel to Sweden and Germany.





All Comers

Brighton Table Tennis Club currently runs a weekly “Brighton All Comers” Session for adults on Wednesday evenings for players aged 16+ of all backgrounds, abilities and social standing. Unlike most other clubs, everyone trains with everyone else. It is truly social inclusion in action.

The personal success stories that have come out of the sessions have been remarkable with players gaining a new lease of confidence and skills for life.

John, 23, who had been to prison for 3 years for violence and never worked, has now been working full time for 4 months and is a qualified plasterer.



Steve, who hadn't worked or engaged in anything positive for ten years has become Brighton Table Tennis Club's technician and award winning Ping! Brighton & Hove volunteer and is now a key figure in the local Table Tennis Community.

The culmination of these Sportivate sessions was the Community Inclusion Table Tennis Tournament, hosted by players and volunteers engaged through the project. Players came and made teams from the King Alfred 50+ session and the Grace Eye Sports 4 All session for adults with Learning Disabilities.

Sportivate

Over 50s Social Ping!

- BTTC has been delivering weekly 50+ sessions for Brighton & Hove Council's Active for Life team that have seen over 35 players each week play on seven tables
- Sessions are fun and social and numbers have increased to the point where BTTC is now expanding its provision to the 50+ age group to four sessions a week
- The population of the UK is aging fast. The number of people over 65 is predicted to double between 2008 and 2051. (The Practitioner, January 2014). Keeping active into old age is something that is proven to help with physical and mental health. Table Tennis is a medium through which people connect, a fun tool that empowers older people to take control, and encourages communities to interact.

"The clear increase in motor skills and cognitive awareness from playing Table Tennis is significant, if not remarkable, in its unique benefit for brain disease patients."

Alzheimer's Weekly

- John Reeve (right), a BTTC coach volunteer is a shining example of the power of Table Tennis in keeping young. He turned 80 in May 2014 and travelled to New Zealand to compete in the World Veterans Table Tennis Championships.





Resident Eileen Pepperell:
"It's really changed our lives. We love having the young people about and all have memories of playing Table Tennis in our Youth."

Two residents both with Oxygen tanks playing Polybat.



Intergenerational Ping Pong Project at Elwyn Jones Court

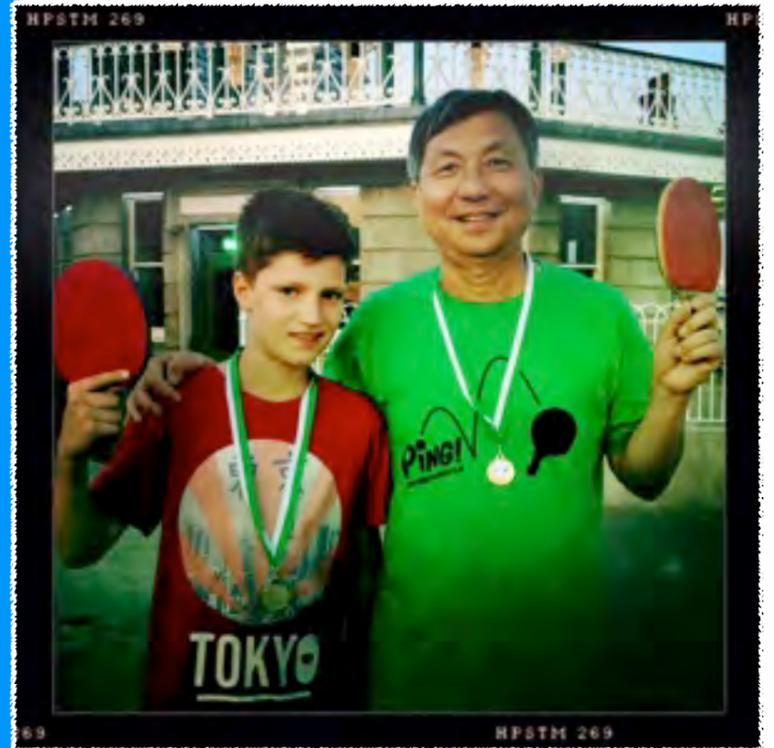
- For the last 3 years, BTTC coaches have been taking groups of GCSE Citizenship students from Patcham High School to local sheltered accommodation Elwyn Jones Court for fortnightly after school Ping Pong sessions
- The project in partnership with the Council's Active for Life team, has gained local and national press for its inspirational intergenerational community building work
- 5- 20 residents play Table Tennis or Polybat at each session with the teenagers from the local school. The project has been such a success that Brighton & Hove Council have rolled out the program across the city
- The Latest TV made this short video of the pioneering project partnering 16 year olds with 98 year olds-
http://youtu.be/d-GO9_bXRio



Ping! Brighton & Hove 2014



- Brighton Table Tennis Club led and delivered Ping! Brighton and Hove 2014. The initiative has grown year on year since 2012 and the free tables stay out all year round with bats and balls provided
- In seven weeks **42,630** people played on the Sport England funded Tables, many of which were used 24 hours a day
- The regular Tuesday evening Bandstand Social Ping Championships were a great success and over 150 people attended weekly tournaments by the iconic West Pier
- Brighton's Latest TV channel came and made this short video of the Ping! Bandstand Championships - http://youtu.be/sUQ_zFb6f68



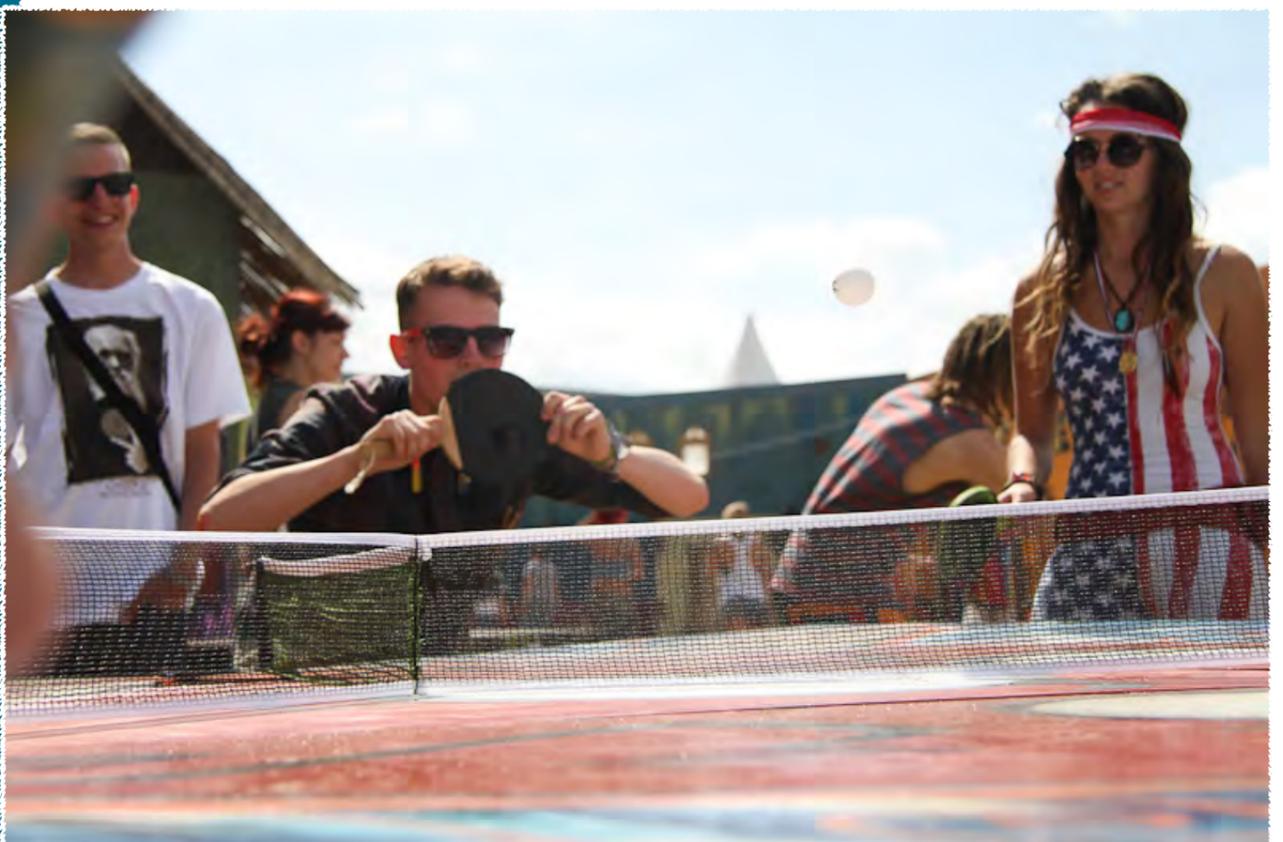
PONGPLEXED



- PongPlexed is a community outreach initiative run by Brighton Table Tennis club. Partly sport, partly game and all party, PongPlexed builds community spirit and initiates a love of table tennis through social ping pong events. Since 2012 we have run events in Brighton, London, Berlin, Bristol, Boomtown festival and are hosting a regular series of events in Brighton in 2015.

- With Mix & Match spray painted Tables designed by the amazing artist Sinna One (sinnaone.com) and the Beano Collage Table by Young People at the Brighton Youth Centre, BTTTC has put its old Tables to creative, eye-catching and innovative use at community events and festivals.

Pictures top - bottom - PongPlexed workshop at BTTTC, PongPlexed at The Joker, Brighton and at Boom Town Festival.

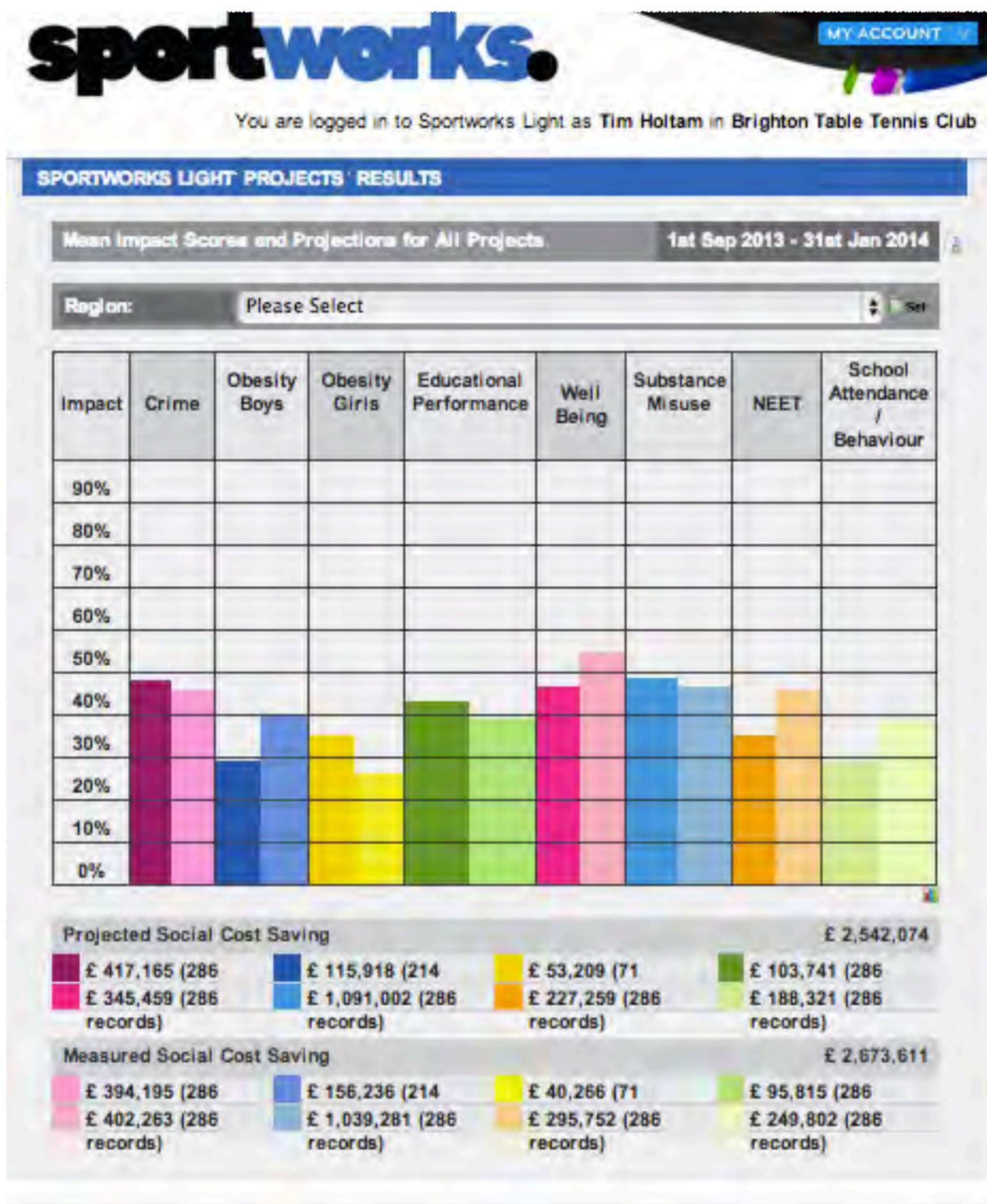


Sportworks

- Brighton Table Tennis Club has monitored the impact of its work through using Sportworks. (See bar chart below.) “Sportworks is the first ever shared measurement system specifically designed for sport for development organisations who deliver projects, fund programmes and make policy decisions.”

- The results show that the £2,240 cost of sessions in rent and coaching at the Table Tennis Club from September 2013 - January 2014 made a **Projected Social Cost Saving of £2.54 million** to society for outcomes including Crime, Obesity and Well –Being.

- With data input from surveys for all participants attending Table Tennis Club sessions, Sportworks monetises the impact by estimating the likely cost savings attributed to the work, on the basis of the proportionate reduction in the financial burden to society associated with each outcome. For example, if the cost per school truant is £4000 per annum and a project reduces the risk of participants truanting by 4.51%, the saving to society will be £180.40 per participant per annum.



“We know we are having a positive impact on these kids’ lives, but Sportworks provides a really good way of evidencing it.”

Tim Holtam
Brighton Table Tennis Club President



Brighton Table Tennis Club

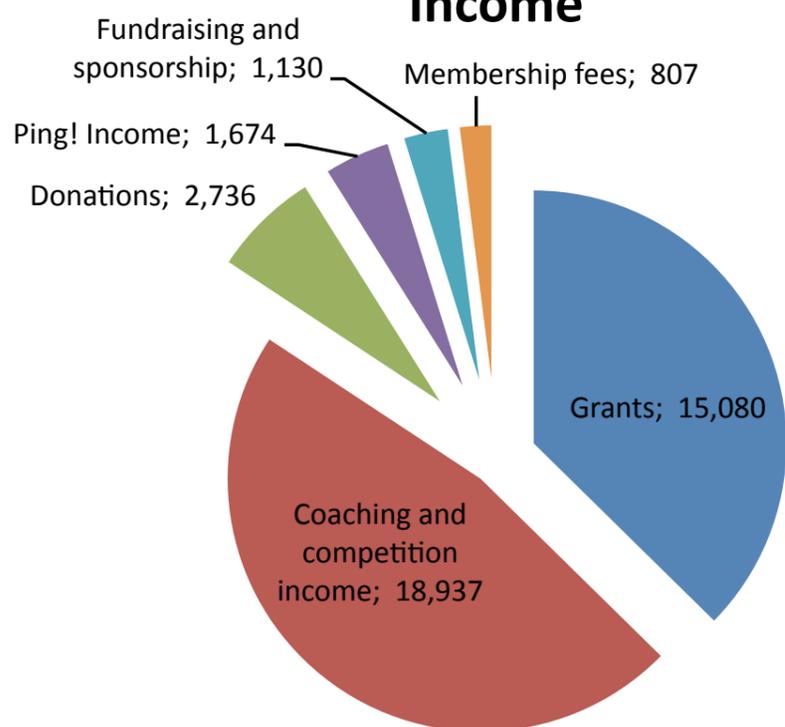
Year to 31 March 2014 - accounts



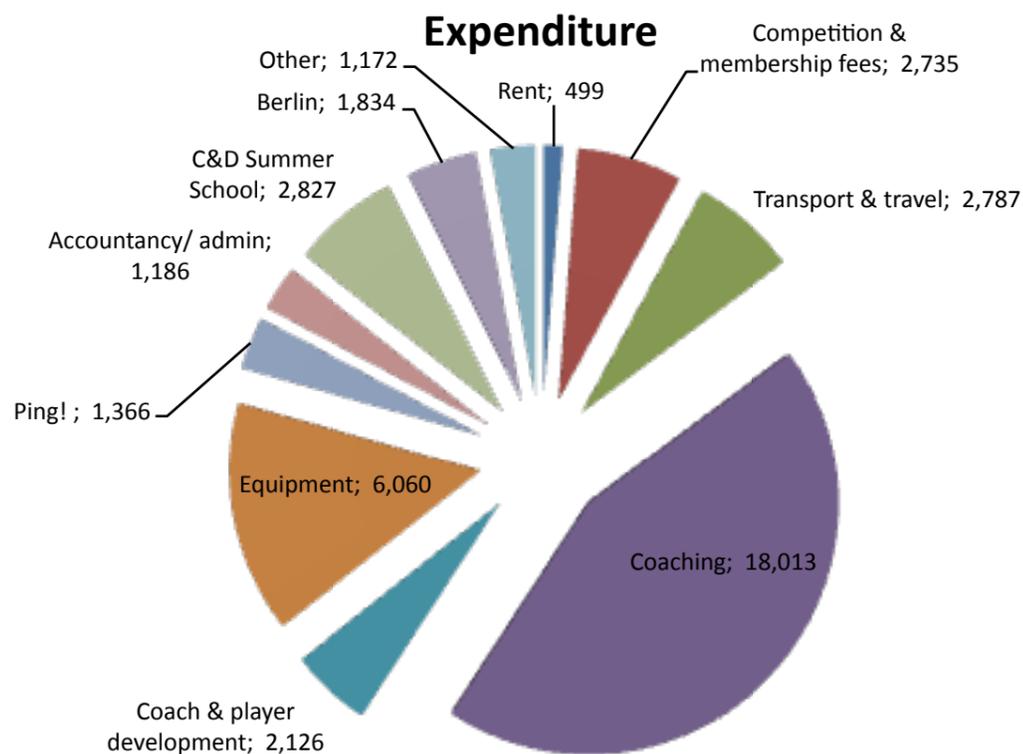
Statement of income and expenditure

	Year ending 31-Mar-14 £	Year ending 31-Mar-13 £
Income		
Grants	15,080	14,193
Coaching and competition income	18,937	11,374
Donations	2,736	8,283
Ping! Income	1,674	150
Fundraising and sponsorship	1,130	607
Membership fees	807	1,010
Total income	40,364	35,616
Expenditure		
Rent	(499) [1]	(3,565)
Competition & membership fees	(2,735)	(1,716)
Transport and travel	(2,787)	(2,886)
Coaching	(18,013) [2]	(13,953)
Coach and player development	(2,126)	(3,650)
Bank interest and charges	(100)	(62)
Equipment	(6,060)	(4,811)
Website and marketing	(348)	-
Ping! Expenditure	(1,366)	(650)
Tournament expenses	(141)	(1,528)
Club development	(575)	(478)
Accountancy and administration	(1,186)	-
Cooke & Deaton Summer School	(2,827) [3]	-
Berlin trip	(1,834)	-
Other	(8)	(1,591)
Total expenditure	(40,604)	(34,889)
Profit/(loss) for the year	(240)	727

Income



Expenditure



notes

[1] Rent owing to Brighton Youth Centre at 31 March 2014 was approximately £1,800

[2] Coaching fees were paid as follows:

Tim Holtam	3,450
Wen Wei Xu	10,024
James Harrison	140
Wesley Bush-Harris	40
Chris Pyke	350
Craig Bryant	240
David Pringuer	1,120
Paul Bergin	1,534
George Tester	1,115

[3] The net cost to the club of Cooke and Deaton summer school is shown after deduction of associated income of £1,848. A further donation of £1,200 was also received from Brighton & District Table Tennis League as a contribution towards the event, this is accounted for within 'donations'.

Funding

We need to raise just over £75,000 a year to support our work with children and young people and fulfil our development plans in 2015.

Our funding in 2014 came from over 150 sources and includes support from companies, trusts and foundations, individuals, events and a grants.

If you can help with our fundraising in any way, please contact harry@brightontabletennisclub.com or call Harry on 07951870213.



Thanks

None of this would have been possible without the invaluable help of our supporters.

We are incredibly grateful to our supporters, large and small, for enabling us to run our programmes, be it through their direct donations of funding or through their participation in sporting events and challenges to raise sponsorship for us.

All our gifts in kind, ranging from sports facilities to prizes, make a huge difference, enhancing our programmes and the experience of our participants.

And a special thanks to our hard working volunteers, parents and coaches who give up their time to help young people at Brighton TTC. We are so grateful.

Brighton Table Tennis Club's Key Supporters, Sponsors and Partners:

- Mastercargo
- The Robert Gavron Charitable Trust
- The Bernard Sunley Charitable Foundation
- The Brighton Lions Club
- Sported
- Sport England
- Active Sussex
- Sportivate
- Brighton & Hove City Council
- The Brighton Youth Centre
- Brighton University
- Sussex Clubs for Young People
- The Sussex Community Foundation



Governance of Brighton Table Tennis Club

Trustees: Bill Randall, Claire Durrant, Tim Holtam, Harry McCarney

Officers

Young Person's Secretary
Child Protection Officer
Communications Officer
Social Media Officer

Ashley Edwards
Emma Kirby
Joseph Patterson
Nick Pringuer

Coaches: Wen Wei Xu, David Pringuer, Giuseppe Lanza, Francesco Fassari, Gary Vidgeon

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